

U.S. Department of Labor

Mine Safety and Health Administration

MSHA's Small Mine Office—Serving the small mines in America



Week 24

Location: _____ Supervisor: _____

Date: _____ Time: _____ Duration: _____

- 1) **Dress the Part- “Let’s get it on”**
 - ☐ Wear your Personal Protective Equipment where needed
 - ☐ Don’t wear loose fitting clothing
 - ☐ Gloves should be worn when handling rough or sharp objects

- 2) **Chain Hoists and Come-Alongs**
 - ☐ Never exceed the Work Load Limit.
 - ☐ Match components properly.
 - ☐ DO NOT work or walk under a raised load.
 - ☐ Avoid impact, jerking, or swinging of loads
 - ☐ Inspect equipment at every use and remove from service when damaged.

- 3) **First Aid - Infections**
 - ☐ For small cuts, abrasions or scratches: clean with soap and water, and cover with clean bandage
 - ☐ Medical treatment may be necessary if there is any foreign matter in the wound or there are any signs of infection
 - ☐ Report all injuries regardless of how minor they may seem

Attendees:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Employees Comments: